



AKASA

CREATING WELLNESS EXCELLENCE



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## SPA MENU

CREATING WELLNESS EXCELLENCE

**THROUGH THE HARMONIOUS ALIGNMENT**

OF BODY, MIND, AND SPIRIT.



Welcome to Akasa Spa, where we embody our philosophy of our Founder Dr. Lipi Pathak "Creating Wellness Excellence through the complete harmony of body, mind, and spirit." Our sanctuary is designed to offer a transformative experience, integrating luxurious treatments with holistic practices.



**Body**

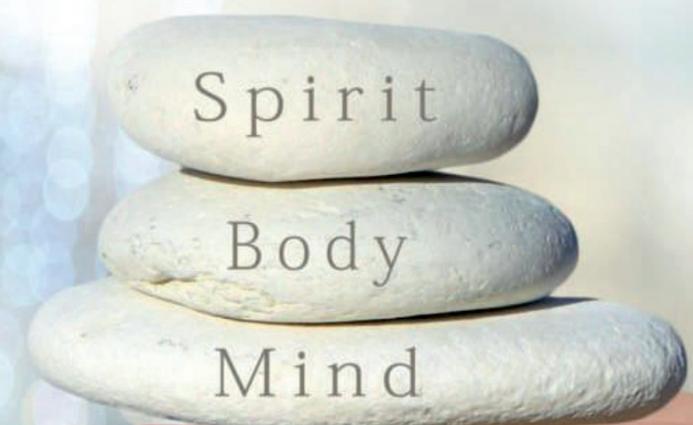


**Mind**



**Spirit**

At Akasa Spa, we believe that true wellness emerges from balance, allowing our guests to rejuvenate and rediscover their inner peace. With a dedicated team of skilled therapists and a serene environment, we invite you to embark on a journey of relaxation and revitalization, tailored to your unique needs. Experience the essence of wellness excellence with us.



# — VILASA —

Inspired by regal traditions, these therapies are designed to pamper you from head to toe, delivering a complete sense of relaxation and luxury.



## IMPERIAL COUPLE'S ESCAPE

Experience a romantic retreat designed for two, illuminated by soft candlelight. Indulge in specially blended oils as our skilled therapists use gentle massage techniques to promote skin softness and relaxation. This ultimate "me time" allows you to reconnect, share laughter, and deepen your bond in a serene atmosphere.

**Candle Light Signature massage therapy for Two | Choice of Body Scrub for Two | Indian Champi (Head Massage) | Herbal Tea**

**90 mins | ₹ 10,000**



## SIGNATURE IMPERIAL ESCAPE

Embark on a transformative journey with our Signature Imperial Escape, designed to achieve complete harmony of body, mind, and spirit. This unique therapy features special strokes that amalgamate techniques from various popular therapies, creating a fluid and harmonious flow that melts away tension and promotes deep relaxation. The experience culminates in a rejuvenating facial, ensuring your skin feels refreshed and radiant.

**Signature massage therapy | Spa Aroma Facial | Herbal Tea**

**90 mins | ₹ 6,000**

18% GST applicable on above mentioned prices.





## IMPERIAL EXTRAVAGANCE

For those seeking the finest indulgence, this luxurious journey is designed for every woman. It begins with a revitalizing full-body scrub that gently exfoliates, revealing smoother, radiant skin. Next, enjoy a customized aromatherapy massage that melts away tension and restores harmony.

The experience concludes with an organic facial that revitalizes and leaves your skin glowing. Embrace this ultimate escape and emerge refreshed, renewed, and beautifully radiant—because you deserve to feel extraordinary.

**Signature massage therapy | Choice of Body Scrub | Spa Aroma Facial | Herbal Tea**

**120 mins | ₹9,000**

## COUPLE REGAL ESCAPE

Experience the ultimate relaxation with our Couple's Massage, a shared wellness escape designed for two. Indulge in the soothing ambiance of a private treatment room as our expert therapists work their magic, melting away stress and rejuvenating your body and mind.

This synchronized therapy enhances bonding and harmony while revitalizing your senses. Let the serene environment and calming aromas create an unforgettable moment of connection and tranquility. Discover the art of relaxation, together.

**60/90 mins | ₹6,000/8,000**

18% GST applicable on above mentioned prices.



# —ANTARASHTRIYA—

A carefully curated selection of international therapies that focus on healing the entire body.





## SWEDISH MASSAGE

A relaxing and soothing body massage, it is one of the oldest and most effective massage technique, using various traditional, long kneading strokes over the body. Light to medium pressure is applied, which relaxes muscle tension and improves blood circulation.

60/90 mins | ₹3,000/4,000



## AROMATHERAPY MASSAGE

A soothing body massage, it invokes the use of long kneading strokes over the body. The aroma from the essential oils stimulates the mind and eases mental stress, disseminating a feeling of absolute relaxation and wellness.

60/90 mins | ₹3,400/4,600

## BALINESE MASSAGE

This therapy soothes damaged issues and relieves strained muscles and joint pains. It is a rigorous and luxurious spa treatment that uses a variety of massage techniques leaving the body and mind relaxed and spiritually renewed.

60/90 mins | ₹3,000/4,000

18% GST applicable on above mentioned prices.



## DEEP TISSUE MASSAGE

This is a particularly effective massage for muscular pain. It helps to refresh and relax muscles, increase blood flow and therefore, the circulation of oxygen through the body. It also aids in ridding toxins in very sore and strained muscles, which in turn helps to strengthen and heal them.

60/ 90 mins | ₹3,400/4,600

18% GST applicable on above mentioned prices.



# —PARAMPARIKA—

Age old Ayurvedic traditions come together to offer complete rejuvenation to the mind, body and soul.



## ABHYANGA (ABEE-YAN-GA)

Literally meaning 'oil massage', Abhyanga is a form of Ayurvedic medicine that involves the generous use of warm oil to massage the body. The medicated herbal oil is liberally applied to the body using long and gentle downward strokes. This treatment aids in the nourishment of tissues, joints, coarse hair and flaky skin, as well as in the restoration of balance to the doshas.

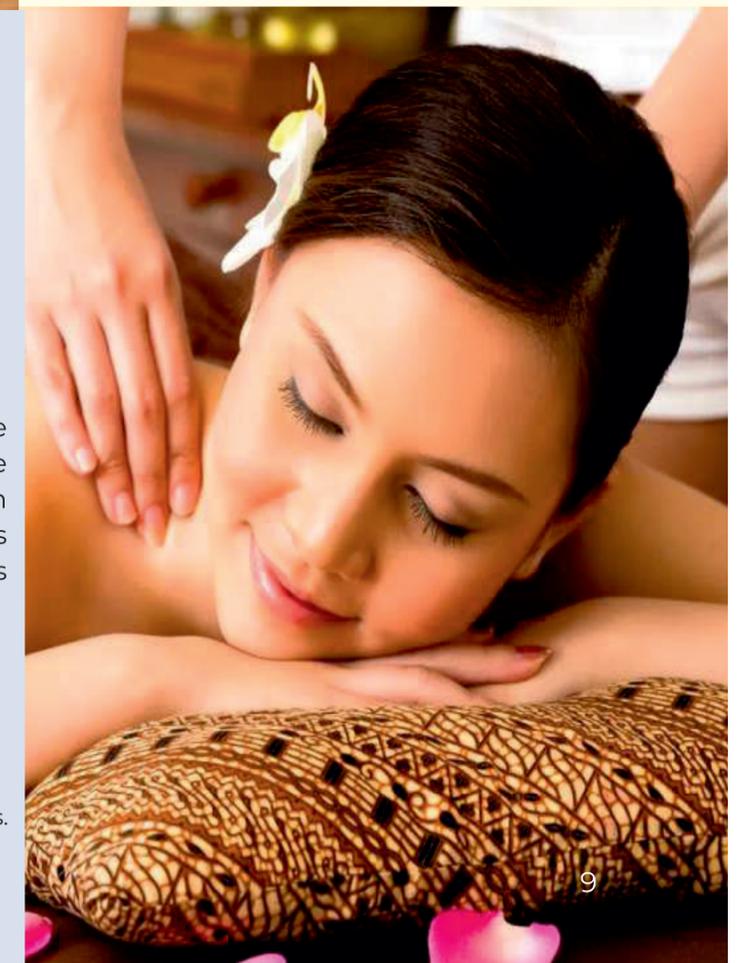
**60 mins | ₹3,500**

## PEHLWAN MALISH

For centuries, Indian wrestlers have taken powerful massages. Experience this traditional vigorous massage with our signature aromatherapy oil, which is extremely good for the skin, and relieves aching, sore and tense muscles.

**60 mins | ₹3,500**

18% GST applicable on above mentioned prices.





## PAVITRA AYURVEDA MASSAGE

A signature therapy designed to restore balance and harmony to your body and mind. Skilled therapists use a blend of warm, herbal oils tailored to your needs, incorporating traditional Ayurvedic techniques, gentle strokes, and acupressure. The Pavitra Ayurveda Massage focuses on promoting detoxification, improving flexibility, and enhancing overall wellness, leaving you feeling rejuvenated and at peace.

**60 mins | ₹3,500**

18% GST applicable on above mentioned prices.

## — DRUTA —

Focusing on the main stress points of the body, our collection of express therapies concentrate on the neck, back, shoulders and arms.

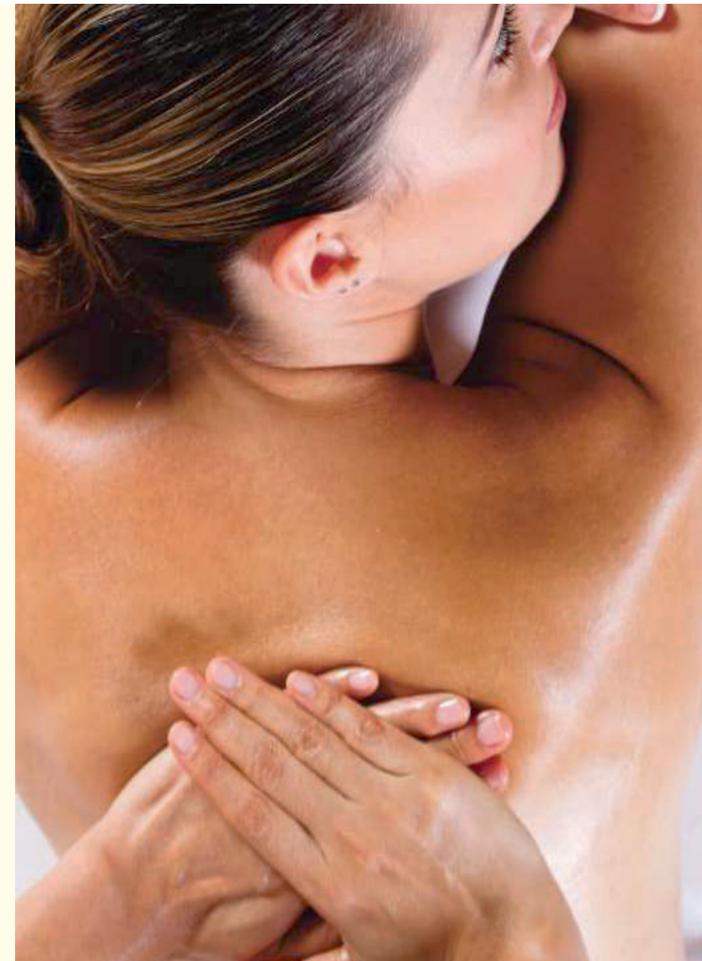




## MASTAKA (HEAD) MASSAGE

This luxurious hair invigorating treatment promotes growth and restores the natural sheen and glossiness of the hair fiber. Our signature blend of traditional ingredients propagates long lasting and enriching benefits. This massage releases muscular tension from the head, neck and shoulders, creating a deep sense of relaxation.

**30 mins | ₹1,500**



## PRISHTA (BACK) MASSAGE

The first casualties of a stressful life are the shoulders and back. This treatment has been created to eliminate tension and bring relief through an ultimate back and deep shoulder massage.

**45 mins | ₹1,800**

## PADA (FOOT) MASSAGE

An ancient healing (acupressure) therapy that is as blissful it is beneficial, it works on the principle of reflexology which believes that all organs are connected to reflex points in the feet through a constant flow of energy.

**30 mins | ₹1,500**

18% GST applicable on above mentioned prices.

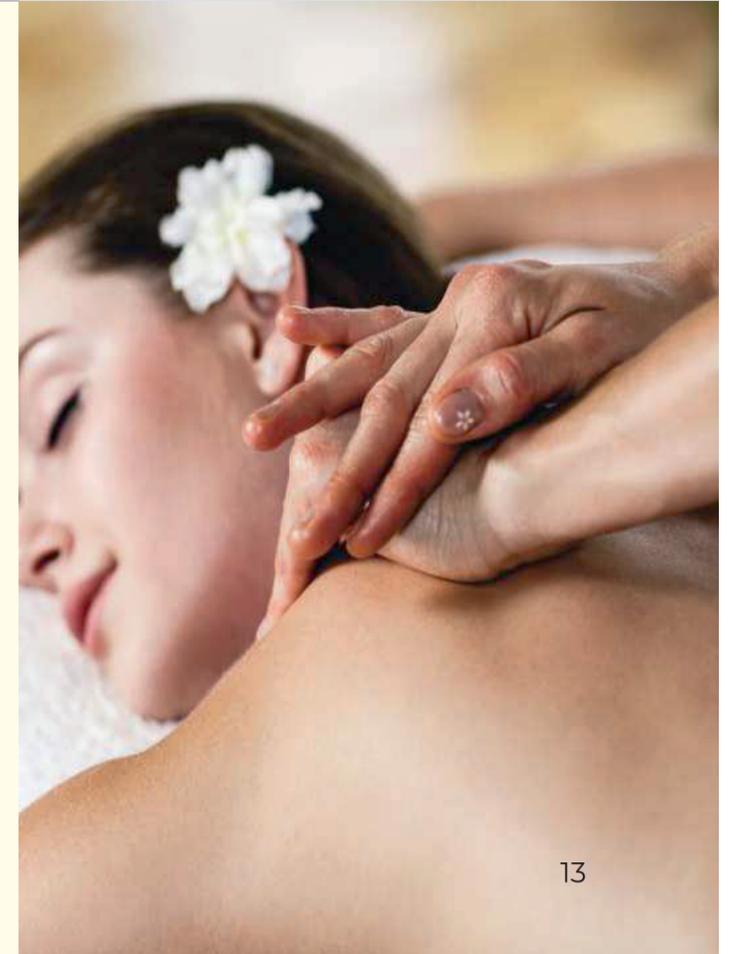


## URJA (ENERGY BOOSTER) MASSAGE

An energizing and de stressing treatment focusing on the neck, shoulder, arms and back, it is helpful in easing aches, jet lag and stress.

**45 mins | ₹2,500**

18% GST applicable on above mentioned prices.



# —SAUNDARYA—

Indulge in the relaxing, exfoliating and nourishing properties of our scrubs and wraps, each exclusively prepared from the natural goodness of fresh fruits, vegetables, Indian herbs, sea salts and pure essential oils. Their therapeutic properties will cleanse, moisturize and refresh your skin, producing a natural glow.



## HONEY BLOSSOM & HERBS SCRUB

Immerse yourself in the soothing properties of this luxurious scrub, combining the nourishing effects of pure honey with aromatic herbs. Designed to gently exfoliate dead skin cells, this treatment hydrates and revitalizes the skin, leaving it feeling silky smooth and refreshed. Ideal for promoting circulation and a healthy glow, this scrub is perfect for all skin types.

45 mins | ₹2,500



## NECTAR FRUIT EXFOLIATION SCRUB

Indulge in the refreshing benefits of nature's sweetest fruits with this revitalizing scrub. Formulated with natural fruit extracts and gentle exfoliants, this treatment removes impurities and dead skin, unveiling a brighter and more radiant complexion. Rich in vitamins and antioxidants, it nourishes the skin while providing a burst of hydration, making it an excellent choice for those seeking a luminous glow.

45 mins | ₹2,500

18% GST applicable on above mentioned prices.



## MARINE GLOW BODY WRAP

Experience the revitalizing effects of the ocean with this detoxifying body wrap. Enriched with marine extracts and essential minerals, this treatment works to purify the skin, draw out impurities, and hydrate deeply. The Marine Glow Body Wrap enhances skin elasticity and provides a cooling sensation, promoting relaxation and a refreshed appearance. Perfect for restoring balance and radiance to tired skin.

45 mins | ₹3,000

# — SPA ETIQUETTE —

### RESERVATIONS

- We highly recommend making reservations in advance.
- To book an appointment, please contact the spa or reception.
- Prices are subject to change without prior notice.

### CHECK-IN

- Please arrive at least 15 minutes before your appointment to fully enjoy our facilities.
- All appointments begin at the scheduled time. If you arrive late, your session may be shortened to ensure the therapist is ready for the next guest.

### POLICIES

- To maintain a peaceful environment, we kindly ask that mobile phones and pagers are turned off.
- Smoking and alcohol are strictly prohibited within the spa premises.

### SPECIAL REQUIREMENTS

- Please inform the receptionist of any allergies, health conditions, or special needs at the time of booking, especially if you have high blood pressure or are pregnant.

### CLOTHING

- We provide a robe, disposable undergarments, and slippers for your comfort. You will be properly draped throughout your massage.

### CANCELLATION POLICY

- Cancellations or changes to appointments are accepted up to 4 hours prior without a charge.
- No-shows or cancellations made within 4 hours of the appointment will incur a full charge.

### TAX POLICY

- All treatments are subject to GST at 18%.

*Please note, our spa and wellness therapies are designed for relaxation and general well-being. They are not a substitute for professional medical treatment for any specific condition.*

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